

www.PMXSTRENGTH.com



# **WEIGHT ROOM EQUIPMENT CATALOG**

STRENGTH FROM WITHIN.

AMERICAN MADE





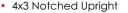
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PMX4307-HR Half Rack



- 7 Gauge Steel
- 3 Way Urethane Chinup
- (2) 7 Gauge Laser Cut Sleeves
- (2) Bar Hooks
- (2) 28" Safety Arms
- (2) Bar Storage
- (4) Universal Band Pegs
   (4) Universal Band Pegs
- (10) Weight Peg Storage
   (10) Weight Peg Storage
   (12) Weight Peg Storage

PMX4307-FR Full Rack



- 7 Gauge Steel
- 3 Way Urethane Chinup
- (4) 7 Gauge Laser Cut Sleeves
- (2) Bar Hooks
- (2) Safety Crash Arms
- (2) Bar Storage

PMX4307-DHR Double Half Rack

- 4x3 Notched Upright
- 7 Gauge Steel
- (2) 3 Way Urethane Chinup
- (4) 7 Gauge Laser Cut Sleeves
- (4) Bar Hooks
- (4) 28" Safety Arms
- (4) Bar Storage
- (8) Universal Band Pegs



PL-820D Dip Station



PL-885 Single Leg Squat



PL-8314 Safety Arm Pair



PL-400-8 J-Hook (Left)

PL-400-11 J-Hook (Right)





PMX4307-FH Full Half Rack

- 4x3 Notched Upright
- 7 Gauge Steel
- (2) 3 Way Urethane Chinup
- (6) 7 Gauge Laser Cut Sleeves
- (4) Bar Hooks
- (2) Safety Crash Arms
- (2) 28" Safety Arms
- (4) Bar Storage
- (8) Universal Band Pegs
- (12) Weight Peg Storage



PMX4307-DFR Double Full Rack

- 4x3 Notched Upright
- 7 Gauge Steel
- (2) 3 Way Urethane Chinup
- (8) 7 Gauge Laser Cut Sleeves
- (4) Bar Hooks
- (4) Safety Crash Arms
- (4) Bar Storage
- (8) Universal Band Pegs
- (12) Weight Peg Storage



**PL-820D**Dip Station



**PL-885** Single Leg Squat



**PL-8314** Safety Arm Pair



PL-400-8 J-Hook (Left)

**PL-400-11** J-Hook (Right)







- 3x3 Universal Upright
- 11 Gauge Steel
- 3 Way Urethane Chinup
- (2) Bar Hooks
- (2) 28" Safety Arms
- (2) Bar Storage
- (4) Universal Band Pegs
   (4) Universal Band Pegs
   (8) Universal Band Pegs
- (10) Weight Peg Storage



PMX3311-FR Full Rack

- 3x3 Universal Upright
- 11 Gauge Steel
- 3 Way Urethane Chinup
- (2) Bar Hooks
- (2) Safety Crash Arms
- (2) Bar Storage
- (10) Weight Peg Storage

PMX3311-DHR Double Half Rack

- 3x3 Universal Upright
- 11 Gauge Steel
- (2) 3 Way Urethane Chinup
- (4) Bar Hooks
- (4) 28" Safety Arms
- (4) Bar Storage
- (12) Weight Peg Storage



SP-220 Dip Station



SP-385 Single Leg Squat



**UHS-34** Safety Arm



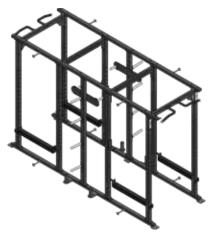
SP-640APE3X3 Hook







- 3x3 Universal Upright
- 11 Gauge Steel
- (2) 3 Way Urethane Chinup
- (4) Bar Hooks
- (2) Safety Crash Arms
- (2) 28" Safety Arms
- (4) Bar Storage
- (8) Universal Band Pegs
- (12) Weight Peg Storage



PMX3311-DFR Double Full Rack

- 3x3 Universal Upright
- 11 Gauge Steel
- (2) 3 Way Urethane Chinup
- (4) Bar Hooks
- (4) Safety Crash Arms
- (4) Bar Storage
- (8) Universal Band Pegs
- (12) Weight Peg Storage



**SP-220**Dip Station



**SP-385** Single Leg Squat



**UHS-34** Safety Arm

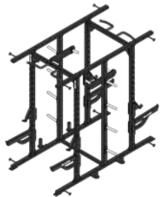


SP-640APE3X3 Hook









PMX3307-HR Half Rack

- 3x3 Dual Notched Upright
- 7 Gauge Steel
- 3 Way Urethane Chinup
- (2) Bar Hooks
- (2) 28" Safety Arms
- (2) Bar Storage
- (4) Universal Band Pegs
   (4) Universal Band Pegs
- (10) Weight Peg Storage

PMX3307-FR Full Rack

- 3x3 Dual Notched Upright
- 7 Gauge Steel
- 3 Way Urethane Chinup
- (2) Bar Hooks
- (2) Safety Crash Arms
- (2) Bar Storage
- (10) Weight Peg Storage

PMX3307-DHR Double Half Rack

- 3x3 Dual Notched Upright
- 7 Gauge Steel
- (2) 3 Way Urethane Chinup
- (4) Bar Hooks
- (4) 28" Safety Arms
- (4) Bar Storage
- (8) Universal Band Pegs
- (12) Weight Peg Storage



PL-220D Dip Station



PL-385 Single Leg Squat

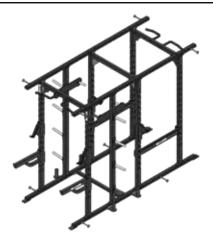


PL-502-N19 Safety Arm



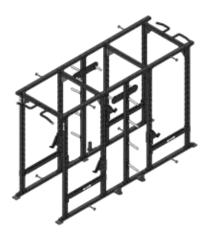
PL-501-N19 Hook





PMX3307-FH Full Half Rack

- 3x3 Dual Notched Upright
- 7 Gauge Steel
- (2) 3 Way Urethane Chinup
- (4) Bar Hooks
- (2) Safety Crash Arms
- (2) 28" Safety Arms
- (4) Bar Storage
- (8) Universal Band Pegs
- (12) Weight Peg Storage



PMX3307-DFR Double Full Rack

- 3x3 Dual Notched Upright
- 7 Gauge Steel
- (2) 3 Way Urethane Chinup
- (4) Bar Hooks
- (4) Safety Crash Arms
- (4) Bar Storage
- (8) Universal Band Pegs
- (12) Weight Peg Storage



**PL-220D** Dip Station



**PL-385** Single Leg Squat



**PL-502-N19** Safety Arm



PL-501-N19 Hook





PMX3211-HR Half Rack

- 3x2 Universal Upright
- 11 Gauge Steel
- 3 Way Urethane Chinup
- (2) Bar Hooks
- (2) 28" Safety Arms
- (2) Bar Storage
- (4) Universal Band Pegs
   (4) Universal Band Pegs
- (10) Weight Peg Storage



PMX3211-FR Full Rack

- 3x2 Universal Upright
- 11 Gauge Steel
- 3 Way Urethane Chinup
- (2) Bar Hooks
- (2) Safety Crash Arms
- (2) Bar Storage
- (10) Weight Peg Storage

PMX3211-DHR Double Half Rack

- 3x2 Universal Upright
- 11 Gauge Steel
- (2) 3 Way Urethane Chinup
- (4) Bar Hooks
- (4) 28" Safety Arms
- (4) Bar Storage
- (8) Universal Band Pegs
- (12) Weight Peg Storage



SP-220 Dip Station



SP-385 Single Leg Squat

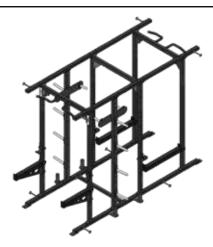


SP-640APE2X3 Safety Arm



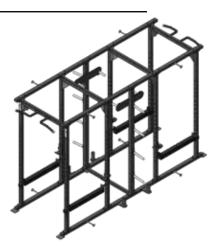
SP-640APE2X3 Hook





PMX3211-FH Full Half Rack

- 3x2 Universal Upright
- 11 Gauge Steel
- (2) 3 Way Urethane Chinup
- (4) Bar Hooks
- (2) Safety Crash Arms
- (2) 28" Safety Arms
- (4) Bar Storage
- (8) Universal Band Pegs
- (12) Weight Peg Storage



PMX3211-DFR Double Full Rack

- 3x2 Universal Upright
- 11 Gauge Steel
- (2) 3 Way Urethane Chinup
- (4) Bar Hooks
- (4) Safety Crash Arms
- (4) Bar Storage
- (8) Universal Band Pegs
- (12) Weight Peg Storage



**SP-220**Dip Station



**SP-385** Single Leg Squat



**SP-640APE2X3**Safety Arm



SP-640APE2X3 Hook



## **PMX Racks: Universal Accessories**

PMX4307: PMX3311: PMX3307: PMX3211



PMX-PA



**50423** Land Mine



**PMX-BA**Band Attachments



**SP-647-C**Storage Shelves



**SP-646**Bumper Storage



**OLYPHOLDER3** 



**PL-803** Bar Storage



PMX-HBS-1 Single Hanging Bar Storage



PMX-HBS-1 Double Hanging Bar Storage

## **PMX Racks: Universal Accessories**

PROMAXIMA

PMX4307: PMX3311: PMX3307: PMX3211



**TA-100** Triphasic Arms



**PL-319**Connecting Cross Member with logo bridge



**PL-318**Connecting
Cross-Member



**PL-618**Bridge with logo



Connecting Cross-Member



**PMX-HL** HIGH LAT/LOW ROW 225lbs Weight Stack



Connecting
Cross-Member





PL-820 Deluxe Double Sided Half Rack

- 3" x 4" 7 Gauge Steel Uprights
- 7 Gauge Laser Single Upright Sleeves
- Weight Plate and Bumper Plate Storage
- Optional Laser Cut Logo
- Bar Storage
- (4) Safety catch arms
- (4) J-hooks
- Variable Grip Chin-up station
- Landline Attachment

#### **OPTIONS**

- Flip Down Spotter Stands
- Cannonball Chin-Up Grips
- Rope Pull Down
- D-Ring for Undulation
- Single Leg Squat Stand
- Technique Trays
- Removable Glute and Ham Developer
- Bumper Plate Tray
- Dip Station
- Power Arms
- Step-up Platform



PL-830 Deluxe Double Sided Full & Half Rack

- 3" x 4" 7 Gauge Steel Uprights
- 7 Gauge Laser Single Upright Sleeves
- Weight Plate and Bumper Plate Storage
- Optional Laser Cut Logo
- Bar Storage
- (4) Safety catch arms
- (4) J-hooks
- Variable Grip Chin-up station
- Landline Attachment

#### **OPTIONS**

- Flip Down Spotter Stands
- Cannonball Chin-Up Grips
- Rope Pull Down
- D-Ring for Undulation
- Single Leg Squat Stand
- Technique Trays
- Removable Glute and Ham Developer
- Bumper Plate Tray
- Dip Station
- Power Arms
- Step-up Platform

Racks Shown with Options.





PL-840 Deluxe Half Rack

- 3" x 4" 7 Gauge Steel Uprights
- 7 Gauge Laser Single Notched Chrome or Powder Coated Upright Sleeves
- Weight Plate and Bumper Plate Storage
- Optional Laser Cut Logo
- Bar Storage
   (2) Safety or
- (2) Safety catch arms
- (2) J-hooks
- Variable Grip Chin-up station
- Landline Attachment

#### **OPTIONS**

- Flip Down Spotter Stands
- Cannonball Chin-Up Grips
- Rope Pull Down
- D-Ring for Undulation
- Single Leg Squat Stand
- Technique Trays
- Removable Glute and Ham Developer
- Bumper Plate Tray
- Dip Station
- Power Arms
- Step-up Platform

Racks Shown with Options.



PL-865 Deluxe Full Power Rack

- 3" x 4" 7 Gauge Steel Uprights
- 7 Gauge Laser Single Upright Sleeves
- Weight Plate and Bumper Plate Storage
- Optional Laser Cut Logo
- Bar Storage
- (2) Safety catch arms
- (2) J-hooks
- Variable Grip Chin-up station
- Landline Attachment

#### **OPTIONS**

- Flip Down Spotter Stands
- Cannonball Chin-Up Grips
- Rope Pull Down
- D-Ring for Undulation
- Single Leg Squat Stand
- Technique Trays
- Removable Glute and Ham Developer
- Bumper Plate Tray
- Dip Station
- Step-up Platform





SP-600 Sport Series Double Sided Half Rack

- 3" x 3" 7 gauge multi hole upright posts
- Adjustment holes are 2 on center
- Laser engraved numbering for exact bar positioning
- 4 Adjustable J-hooks
- 4 Adjustable bar catches
- Weight and bar storage
- Chin up station
- 3 Stage durable powder coat finish



SP-640 Sport Series Half Rack

- 3" x 3" 7 gauge multi hole upright posts
- Adjustment holes are 2 on center
- Laser engraved numbering for exact bar positioning
- 2 Adjustable J-hooks
- 2 Adjustable bar catches
- Weight and bar storage
- Chin up station
- 3 Stage durable powder coat finish

Racks Shown with Options.





SP-645 Modular Half Rack System

- 3" x 3" 7 gauge multi hole upright posts
- Adjustment holes are 2 on center
- Laser engraved numbering for exact bar positioning
- Adjustable J-hooks
- Adjustable bar catches
- Adjustable Weight and bar storage
- Chin up station
- 3 Stage durable powder coat finish

SP-670 Sport Series

- 3" x 3" 7 gauge multi hole upright posts
- Adjustment holes are 2 on center
- Laser engraved numbering for exact bar positioning
- 2 Adjustable J-hooks
- 2 Adjustable bar catches
- Weight and bar storage
- Chin up station
- 3 Stage durable powder coat finish

Racks Shown with Options.







PL-310 W/ Oak Platform

PRO PL-320 Double Sided Half Rack





PL-360 Full Power Rack

PRO PL-370 Full Power Rack





Pro PL-350 W/ Oak Platform

PRO PL-340 Half Rack





#### PL-547

Collegiate Double Sided Half Rack

- 3" x 4" 7 Gauge double laser notched uprights w/laser engraved numbering system for exact bar location.
- 4 Stainless steel heavy duty lock-on weight bar catches.
- 4 Stainless steel heavy duty lock-on adjustable safety catch arms.
- Weight plate/bumper plate storage w/open top rack for easy access.
- 2 Vertical weight bar holders
- 3 Stage durable powder coat finishadditional cost



PL-102 Smith Machine



PLR-950

7 Degree Angled Smith Machine w/Linear Bearings. 1" Case Hardened Steel Guide Rods and weight storage

PLR-955 - Also Available Angled Smith Machine w/ Linear Bearings. 2" shafts and weight storage



# CF-9300 Outlaw Rack System



#### **Features**

- 3" x 3" 7 Gauge steel frame.
- Angled front rack protects athletes/ users knees during heavy squat or bench lifting.
- Numbered adjustment system.
- 2 Adjustable safety catches w/ protective coating.
- Double rack, Smith Machine combo.
- Foot plates for rowing exercises.
- · Chin up station.
- Lat pull down/Low row with 225 lb. solid steel weight stack.

- · Bright red colored pull knobs.
- · Weight plate and bar storage.
- 1/4" nylon coated aircraft cable driven, 4800 lb. test
- Hundreds of exercise variations.
- · Powder coat finish.
- Accessory storage.
- Unit height 95"
- Chin up station requires at least a 9' ceiling



# CF-9500 Outlaw Rack System



#### **Features**

- 3" x 3" 7 Gauge steel frame.
- Angled front rack protects athletes/ users knees during heavy squat or bench lifting.
- Numbered adjustment system.
- 2 Adjustable safety catches w/ protective coating.
- Single Rack, Smith Machine, Dual Adjustable Pulley Combo.
- Foot plates for rowing exercises.
- Chin up station.
- Lat pull down/Low row with 225 lb. solid steel weight stack.

- Dual Adjustable Pulley with (2) 225 lbs Solid Steel Weight Stacks
- Bright red colored pull knobs.
- · Weight plate and bar storage.
- 1/4" nylon coated aircraft cable driven. 4800 lb. test
- · Hundreds of exercise variations.
- Powder coat finish.
- Accessory storage.
- Unit height 95"
- Chin up station requires at least a 9' ceiling



# CW-2 Cable Wall Units



# **Specifications**

- Single Stacks X 2
- Flat Shelves X 3
- Drings on X2 (on each cross connector)
- 225lb Weight Stack X 2

## **Attachements Included**

- Rope X 1
- V- grip X 2
- Short T-Handle X 1





# **Specifications**

- Single Stacks X 4
- Flat Shelves X 9
- D rings on X 2 (on each cross connector)
- 225lb Weight Stack X 4

## **Attachements Included**

- Rope X 2
- V- grip X 4
- Short T-Handle X 2





## **Flooring**



8mm, 9mm or 14.5mm rolled gym flooring available. Also available with optional custom inlaid logos.





## **Flooring**



MAW2313 Shok-Lok Power Flooring

> 4'x6' and 4'x8' mats avaliable in 1/2" and 3/4" thinkness.





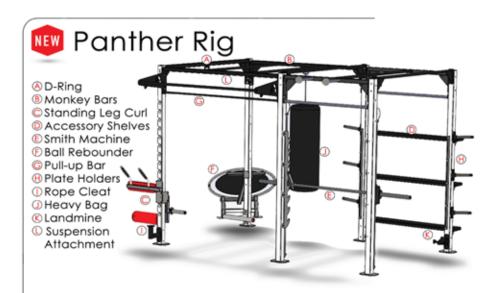
**Call For Custom Pricing** 

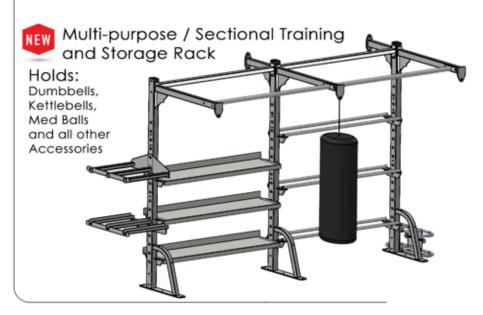
# **Custom Rigs**



**Call For Custom Pricing** 







**Call For Custom Pricing** 





# Equalizer 3

- 3" x 4" 7 Gauge steel frame.
- Multiple users at the same time.
- · 4 Configurations to choose from.
- Maximize workout w/minimal space.
- · Large selection of attachments available.
- · Weight ball and Kettlebell storage.
- · Durable powder coat.

#### **OPTIONS**

- · Heavy bag attachment.
- · Step-up platform.
- · Dip attachment.
- · Sit up foot holder.
- · Landmine.
- · Ball rebounder.
- Chin-up station.
- · Center rope attachment.
- · Rope cleats.



# Equalizer 8

- 3" x 4" 7 Gauge steel frame.
- · Multiple users at the same time.
- · 4 Configurations to choose from.
- · Maximize workout w/minimal space.
- · Large selection of attachments available.
- · Weight ball and Kettlebell storage.
- · Durable powder coat.

#### **OPTIONS**

- · Heavy bag attachment.
- · Step-up platform.
- · Dip attachment. · Sit up foot holder.
- · Landmine.
- · Ball rebounder.
- · Chin-up station.
- · Center rope attachment.
- · Rope cleats.

Call For Custom Pricing





PL-204 Combo Glute & Ham Back Extension

Glute & Ham Developers



PLR-776 Glute & Ham

Glute & Ham Developers



PLR-750 Back Extension

Abdominal & Back





RPL-38 Belt Squat



P-44A Power Runner

## Lower Body



PL-156B 3-Way Hip & Leg Sled



P-118 Inverted Leg Press

Lower Body





Adjustable from 0-90°

FW-166 Adjustable Workbench w/ wheels



PL-610
Multi Adjustable Workbench w/ Wheels

Adjustable from Decline to Incline

## **Utility Benches**



PL-128U Deluxe Adjustable Bench w/ Spotter Stand







PLR-600 Flat Work Bench w/Wheels



Seated Utility Bench

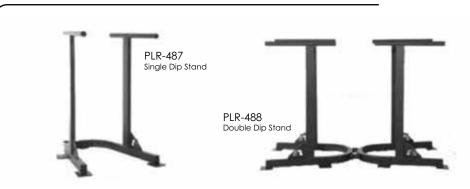


FW-36 Squat Stool

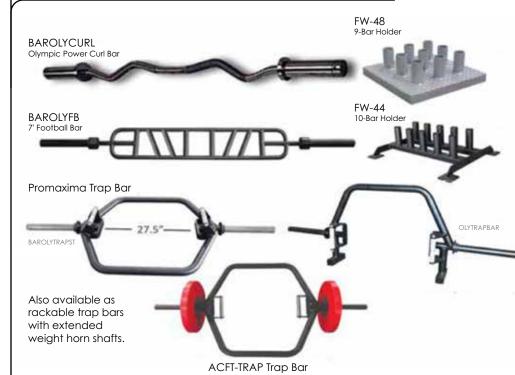


FW-66 Shoulder Press Stool w/ Reversible Seat





## Dip Stands



PROMAXIMA trap bars accommodate small and large framed athletes.

Weight Bars and Storage







## Standard Color Bumper Plates



## Competition Color Power Bumper





## Standard Black Bumper Plates

BUMHI-45LB BUMHI-35LB BUMHI-25LB BUMHI-15LB BUMHI-10LB



45lb.

35lb.

25lb.

15lb.

10lb.

## Competition Black Power Bumper







EZR-45
Rubber Encased Grip Plates

EZR-02.5 EZR-05 EZR-10 EZR-25 EZR-35



## KETTLE BPRO 005 Rubber Encased Kettlebells

 KETTLE BPRO 005
 KETTLE BPRO 035

 KETTLE BPRO 010
 KETTLE BPRO 040

 KETTLE BPRO 015
 KETTLE BPRO 045

 KETTLE BPRO 020
 KETTLE BPRO 050

 KETTLE BPRO 030
 KETTLE BPRO 060

KETTLE BPRO 065 KETTLE BPRO 070 KETTLE BPRO 075 KETTLE BPRO 080 KETTLE BPRO 085

## Olympic Plates



HEXR-045
Rubber Encased Hex Dumbbells

HEXR-005 HEXR-040 HEXR-075 HEXR-010 HEXR-045 HEXR-080 HEXR-015 HEXR-050 HEXR-085 HEXR-090 HEXR-020 HEXR-055 HEXR-025 HEXR-060 HEXR-095 HEXR-030 HEXR-065 HEXR-100 HEXR-070 HEXR-035

## Kettlebells



URD-SET1
Urethane Dumbbells

| URD-SET1 | URD-125 |
|----------|---------|
| URD-SET2 | URD-130 |
| URD-SET3 | URD-135 |
| URD-105  | URD-140 |
| URD-110  | URD-145 |
| URD-115  | URD-150 |
| URD-120  |         |
|          |         |

**Dumbbells** 











**Dumbbell Racks** 

Kettlebells and Dumbbells Sold Separately



## PLR-504

3-Tier 15 Pair **Dumbbell Rack** w/ Saddles

11'Long

Holds 21 pairs of **Dumbbells** 





## FW-69 Barbell Rack

Holds 10 Barbells either straight or curled.

Barbell sets available in Rubber. Straight or Curled. 20 - 110lbs set in 10lb, increments

### **BB-RESSET**

Rubber Barbells: Rubber Encasted Straight set. 20 - 110lbs



Rubber Barbells: Rubber Encasted

Curl set. 20 - 110lbs







## Horizontal Plate Holders



### Vertical Plate Holders

**STR-15** 

Rack

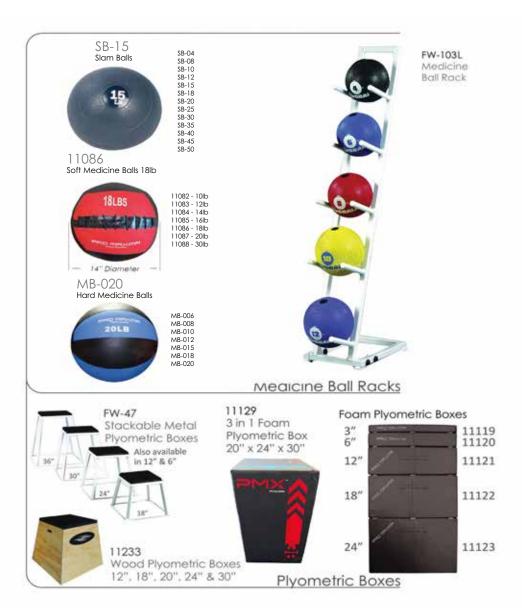




Weight Storage Racks







### **Plyometrics & Accessories**





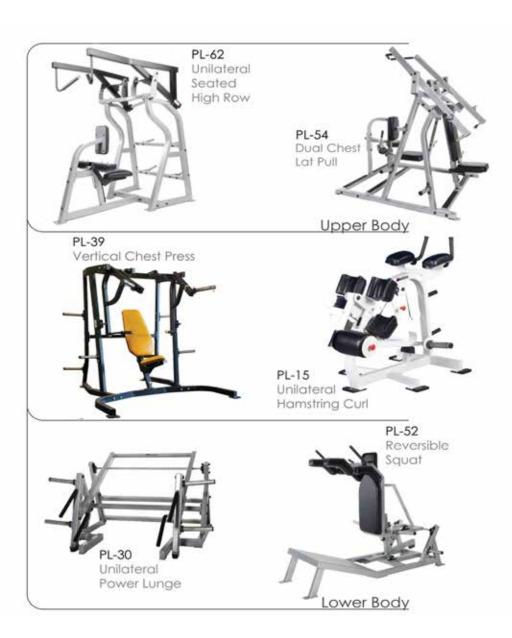












### **Stealth Series**







## **Raptor Series**



Multi Chest Press

Combo Leg Extension/ Prone Leg Curl





## **Selectorized Specifications**



Small Footprint. Big Results. Unbeatable Value.

PMX's Raptor strength series will fit your fitness facility without breaking a sweat...or you budget.

### Range-of-Motion & Limiter

Allows exact alignment for starting and ending positions of any size athlete, which is a necessity for proper biomechanics and rehabilitation work.



### Cam Engineered Variable Resistance

1/4" thick solid steet carris, computer-designed and laser-cut to exact spec to allow proper variable resistance throughout the complete range of motion.



### **Pulley Wheels**

5" and 6" reinforced solid web fiberglass body with a 1/2" cable groove. Oil-dipped, double-sealed racer ball bearings with 1/2" axis shaft hole. Sealed for moisture and dust-proof. 1/4" thick steel pulley housing welded directly to frame.



### Friction-Free Bearings

Pivot points use doublesealed Radial Bearings with steel housings and a 1-inch axis steel shaft used for maximum strength.



### Cable System

1/4" thick, 4800 lb, military spec galvanized and oil-impregnated aircraft cable, finished with a thick nylon coating. Manual Tension Adjusters for cable adjustments.

### 5 lb Weight Kit

Allows increase of resistance by 5 lb increments.

### Frame

Constructed of high stress 2" x 4", 2" x 3" & 2" x 2" ASTM A-500 Grade B structural carbon steel tubing (11 & 7- Gauge). All welds are ground down and stress-tested.

#### Instructional Guide

Color charts display correct usage for each machine along with anatomical highlights to showing focus muscle groups.



Weight Stack

Adjusted with a tethered, magnetic selector pin.



Weight Shroud

Weight stacks are completely enclosed in full-length shrouds.



Finish

Magnetic powder coating process results in a flawless, uniform finish.



Protective Cover ABS Seat and Back

protective dishes. Upholstery 40 oz. commercial grade

## Commercial Warranty

### LIFETIME

Frames, Welds and/or Weld Allowance, Weight Stacks, & Plates

### 5 YEARS

Friction Free Bearings, CAMS, Guide Rods, & Bushings

### 2 YEARS

Power Bumper Plates On Olympic Lifting Platform (Minimum 1" Thick) or Crash Pad (Minimum 10.5 MM Thick) Thickness Required

### 1 YEAR

Cables, Pulley Wheels, Upholstery, Pop Pins, Weight Stack Selector Pins, Dumbbells, Kettlebells, Barbells, Olympic Plates, Foam Plyo Boxes, EZR Oly Plates, Standard Bumpers & Bum Hi Plates

### 90 Days

All ABS Plastics On Strength Equipment, Polyurethane / Neoprene Rollers





# Build it your way

CM-704 4 Station Multi-Gym (Shown w/ 2 Hi Lats & 2 Cable Columns)

## **Available Stations**



CM-720 - High Lat Pull w/ Single Pulley CM-721 - High Lat Pull w/ Dual Pulley



**CM-722** - Combo High Lat Pull/ Seated Row



CM-725 - Row Station w/ Single Pulley CM-726 - Row Station w/ Dual Pulley



**CM-730** - Adjustable Pulley Station



**CM-740** - Adjustable Pulley Station w/ Leg Supports



CM-745 -Tricep Press Station



CM-746 -Tricep Push Down Station



CM-750 -Leg Press



CM-760 -Combo Leg Extension/Prone Leg Curl



CM-770 - Combo Chest Press











# CM-335 Multi Functional Trainer

- Dual adjustable pulley system with 2 enclosed weight stacks.
- 11 different pulley adjustments on each column.
- Multiple people can work out at one time.
- · Includes multi-grip chin up station.
- Over 40 Excercises.
- Pattented Trak-Handles



## CM-337

**Functional Trainer Corner Unit** 

- Dual adjustable pulley system with 2 enclosed weight stacks.
- 11 different pulley adjustments on each column.
- Multiple people can work out at one time.
- Includes multi-grip chin up station, lat pull, low row and over 40 Excercises.
- Corner unit designed to maximize limited space.
- Pattented Trak-Handles

## **Multi-Gyms**





## CV-GT5 Commercial Treadmill



### **Features**

- Speed rating from 0.2 to 13.2 mph
- Incline rating from 0 to 15%
- 4.2 HP AC Brushless Motor
- Over 20 Programs
- Contact Heart-Rate Receivers
- Personal Adjustable Fan
- 60"L x 22" W Running Surface
- 1" Reversible Phenolic Deck
- Premium 4-Ply Orthopedic Running Belt
- Cushioned Deck System Absorbs Impact

- 3" Belt Roller
- 6.75" Step On Height
- Emergency Stop Safety Tether
- USB Charging Port
- Dedicated 110V/20 amp c
- 20-Amp Dedicated & Separated Circuit From Breaker Box
- Nema 3 Prong Plug
- · 450 lbs max user weight



## CV-GE5

Commercial Elliptical

### **Features**

- Self powered drive system
- Multi-grip handles
- Large 10 x 21 DOT Matrix LED Display
- Display Readout: Time, Distance, Heart Rate, Watts, RPM, Level, Speed And Calories
- Belt-driven Self Powered Hybrid Generator Drive
- 6 Preset Programs With 30 Resistance Levels
- Finger Touch Resistance Controls on Upper Arms
- Contact & Telemetric Heart Rate System
- 450 lbs max user weight
- 8 Bearing Linkage System
- 22 lb Fly Wheel
- 20" Natural Stride



## CV-GR5

Commercial Recumbent Bike

### Features

- Self powered drive system
- Hybrid generator resistance system
- · 24 levels of resistance
- 22lb flywheel
- 6 preset programs with 20 levels
- Bottle and accessory holder
- · Personal adjustable fan
- Durable powder coated frame
- · 450lb. max user weight
- Walk-through frame for easy mounting
- 13 Level adjustable oversized seat
- Breathable mesh backrest
- · Easy finger touch resistance control
- Adjustable foot straps

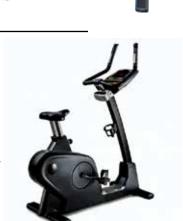
## CV-GU5

Commercial Upright Bike

### **Features**

- Self powered drive system
- Hybrid generator resistance system
- 24 levels of resistance
- 22lb flywheel
- Easy-glide seating with 13 positions
- 6 preset programs with 20 levels
- Bottle and accessory holder
- · Personal adjustable fan

- Durable powder coated frame
- 450lb. max user weight
- Transport wheels for ease of transport
- 13 level adjustable oversized seat
- · Breathable mesh backrest
- Easy finger touch resistance control
- · Adjustable foot straps





## CV-T22 Smart Treadmill

### **Features**

- Motor: 5.5 HP Continuous Duty AC Motor
  - Speed Range: 0.5 to 15.6 mph
  - Elevation: 0%-20%
  - Running Surface: 22" x 63"
  - Step-up Height: 10"
  - Rollers: 4"
  - Steel Frame
  - Non-skid Aluminum Side Rails
- **Urethane Grips**
- 500 lbs max user weight
- 20-Amp Dedicated & Separated Circuit From Breaker Box required
- Dedicated 120V/20amp circuit required
- Nema 3 Prong Plug



Elliptical



### LED and Entertainment Consoles













### Entertainment Consoles Include:

- Wifi enabled aps: Youtube, Netflix, Facebook, News, Sports, Amazon, Spotify & More!
- Google Internet Search Engine
- 14 Languages
- Virtual Reality Courses
- TV Option 19" HD
- Touchscreen

All Cardio Equiptment Available w/ WI-FI Enable Entertainment Package







All Cardio Equiptment Available w/ WI-FI Enable Entertainment Package









# CV-SEEG8925 Variable Elliptical – Stepper – Runner

### **Features**

- · Patent natural free stride movement
- · LED Dot matrix display with 12 programs
- Self-Power system
- Contact heart rate
- Provides elliptical or stepping motion
- Lower rear point of entry
- Dual commercial bearings
- Multi-grip handlebars
- Fingertip resistance adjustments
- Durable upright post
- 1.5" pedal spacing
- Over-sized solid foot pedals
- Hardened 3pcs crankshaft
- Transport wheels
- Adjustable floor levelers
- Water bottle holderFarsi



CV-SRS860U Training Cycle



77100 Indoor Exercise Bike



CV-AIRRAID-8AB Airraid Bike







## CV-1300

Club Rower



### **Features**

- Chain Driven.
- 500LB Max User Weight.
- 55" Aluminum Monorail.
- Seat is 21" from the ground for easy entry and exit.
- Tacks distance, speed, pace, calories burned, watts and HR.
- Programmable Interval Functions (Work, Rest programs).
- Preset exercise modes: Normal, Target Distance, Target Time, Game, Tabata 20/10, Tabata 10/20, User Tabata 10/10.
- Set Distance time tracking.
- Teflon roller wheels with double sealed bearings.



### **Features**

- Overall Length: 96 in (244 cm)
- Width: 24 in (61 cm)
- Seat Height: With standard legs 14 in (36 cm) or with tall legs 20 in (51 cm)
- Monorail Length: 54 in (137 cm)
- Chain or Cord: Nickel-plated steel chain
- Monitor: PM5
- Power Requirement: Takes two D cell batteries.
   During your workout, the monitor draws power from the spinning flywheel to extend battery life.
- Maximum User Weight: 500 lb (227 kg)

- Monitor Arm: Rugged nylon. Pivots for storage and to adjust monitor height.
- Finish: Powder coat
- Color Scheme: Black
- Storage: Can be separated into two parts for easy storage
- Space Recommendations
- Assembled: 8 ft x 2 ft (244 cm x 61 cm)
- With Clearance for Use: 9 ft x 4 ft (274 cm x 122 cm)



## BUILD PRIDE AND STRENGTH WITH PMX





BRAND YOUR WEIGHT ROOM



LASER CUT SCHOOL LOGO



CUSTOM LOGO BUMPERS



**CUSTOM RACK LOGOS** 



**CUSTOM LOGO UPHOLSTERY** 



CUSTOM INLAID PLATFORMS



CUSTOM LASER RACK LOGOS





### **Color Chart: Powder Coat Colors**







### FOR ADDITIONAL INFORMATION:

Contact us at sales@promaxima.com or call 713-667-9606 to speak to a representative now.

www.pmxstrength.com

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